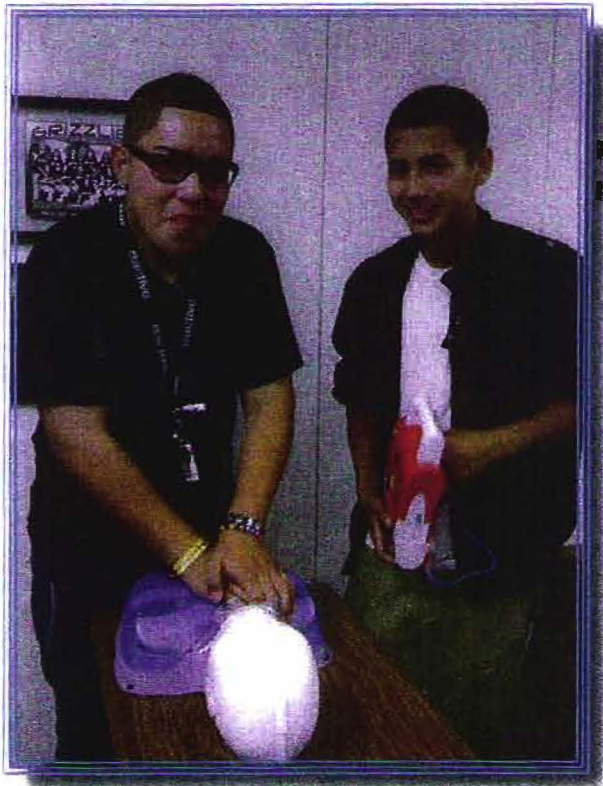


Heart to Hart at Golden Valley High School

Golden Valley High School hosted an event deemed “the nation’s largest school program with American Heart Association Certification,” granting more than 500 students AHA CPR certification cards.

The American Heart Association recently trained William S. Hart District students from Golden Valley and West Ranch high schools, using mannequins for hands-on training and skill testing. The teens also learned to operate an AED device (automated external defibrillator).

“I was certified before, but it ran out. Now, if someone goes down – I can save them!” said Erik, a student at the Golden Valley High School training.



Above: Jonathan Llamas (left) and Andrew Ponce experienced hands-on training while earning their American Heart Association CPR cards at Golden Valley High School; top right: Brianna Thompson also participated at the training; below right: Students accessed the AHA online instructional manuals.

Conducted by the Valencia-based non-profit, National HART Foundation (Heart Attack Rescue Training), the training is paid for by donations and costs nothing for the schools. An additional 3,600 Hart District students are slated for the training in the fall through health classes at Golden Valley and West Ranch high schools.

The National Hart Foundation can be contacted at (661) 295-4664.

